

The 30th Annual Tulip Festival Road Race and Tulip Walk

Sponsored by the MOCHA KIWANIS CLUB Saturday May 15, 2010

All proceeds are donated to area service projects and charitable organizations serving the children of the community.



RETURNING THIS YEAR

ALL SPORT CENTRAL WILL HANDLE ONLINE REGISTRATION AND EVENT TIMING!

Place: WINDMILL PARK – downtown Orange City. Check-in, packet pickup are at the Shelter House. The race starts on Arizona Ave. at the NW corner of the park.

Events: Men's 5K Women's 5K Men's 10K Women's 10k Tulip Walk (no age divisions)

Entry Fee: April 1 thru April 30 - \$25 individual
May 1 thru race day - \$30 individual
FAMILY AND TEAM REGISTRATION AVAILABLE ONLINE ONLY - \$18 per person. DEADLINE APRIL 30, 2010. Go to www.allsportcentral.com for details and restrictions. No additional fees for online registration.

Age Divisions
Mens & Womens
17 & under
18-25
26-35
36-45
46-55
56-65
66-75
76+

Times: Friday, May 14: 6:30 – 9:00 pm **Final Registration & Packet pick-up (Strongly recommended)**
Saturday May 15: 7:00 – 7:45 am Check-in & Warm-up
8:00 am Race time (All events)
10:00 am Presentation of awards

Awards: \$40 cash prize is awarded to the overall winner of the men's and women's 5K and 10K races. \$20 cash prize to the overall 2nd place finisher of the men's and women's 5K and 10K races. A commemorative item will be awarded to 1st place finisher in each race and age division. 2nd and 3rd place finishers in each division receive race certificates.
NEW! A commemorative item and special recognition certificate will be given to the team with the most participants.

Course: The course begins and ends at picturesque Windmill Park (bring your cameras), winds through residential neighborhoods on hard surface roads and is flat with a few gradual inclines. Race routes are point-to-point loop courses and measure 5K (3.1 miles); 10K (6.2 miles) runners complete two laps. **The course is officially certified.** (USATF #IA-08004MP)

Misc.: PRE-REGISTERED participants receive a race bag (2010/30th anniversary T-shirt guaranteed if registered by April 30. After April 30 a shirt without date may be substituted). Showers available at Vet's Park on Michigan Ave. Water, juice and fruit provided for participants following the race.

To Register: **ONLINE REGISTRATION RECOMMENDED** at www.AllSportCentral.com



Mail-In Registration Deadline April 30.

Complete and send form and payment (check only) payable to:
MOCHA KIWANIS-ROAD RACE
C/O IOWA STATE BANK
PO Box 170 Orange City, IA 51041

Contact/Race Coordinator: Pam Boonstra 712-737-4656 or email: pboonstra@orangecitycomm.net

NO REFUNDS

REGISTRATION FORM

Name: _____

Gender: Male _____ Female _____

Address: _____

Age (on raceday): _____

City, State, ZIP _____

Division: 5k run _____ 10K run _____

E-mail (required): _____

Walk _____

Signature: _____

T-Shirt: S M L XL XXL